

IBD Nursing – the wider perspective is a one-day symposium for nurses involved in the care of IBD patients, providing an opportunity for discussion and to listen and learn from each other about the issues and challenges that face us in our daily practice.

This year's programme has been developed by a steering committee of Nurse Specialists that includes myself and is organised and funded by Ferring Pharmaceuticals. As in previous years, there will be a variety of sessions including nurse-led case studies, expert updates on a wide range of issues and the ever popular controversial debate.

The year's motion is 'This house believes Specialist Nurses serve the NHS best in their specialist role'. We hope this will raise some lively debate not only between the speakers but also the delegates.

In addition, there will be the opportunity to meet in smaller groups in the afternoon workshops. This will give you the chance to focus more

closely on a topic of specific interest and to share information with colleagues.

We look forward to seeing you in October for what we anticipate will be an excellent learning and networking opportunity.

Aileen Fraser – Symposium Chair
IBD Clinical Nurse Specialist, Bristol Royal Infirmary

STEERING COMMITTEE

Aileen Fraser, Bristol Royal Infirmary

Karen Holbrook, Cheltenham General Hospital, Gloucestershire

Sheila Mair, Hairmyres Hospital, East Kilbride

Karen Pritchard, King's Mill Hospital, Mansfield

IBD Nursing – the wider perspective

Programme

09.30 – 10.00	Registration and coffee	
SESSION I – COMPLEMENTING MEDICAL MANAGEMENT – THE ROLE OF IMAGING AND SURGERY IN UC		
10.00 – 10.05	Chair's welcome and introduction	Aileen Fraser , IBD Clinical Nurse Specialist – Bristol Royal Infirmary
10.05 – 10.20	The role of radiology in IBD management	Dr Janice Ash-Miles , Consultant (Radiology) – Bristol Royal Infirmary
10.20 – 10.35	Pouch surgery – why we do what we do – and when	Mr Alastair Windsor , Chairman of Surgery and Consultant Chairman – University College Hospital, London
10.35 – 10.45	Adult Case Study	Zarah Perry-Woodford , Clinical Nurse Specialist; Pouch Care – Northwick Park & St Mark's Hospital, London
10.45 – 10.55	Paediatric Case Study	Sally Harding , Paediatric Continence/Stoma Advisor – Royal Victoria Infirmary, Newcastle-upon-Tyne
10.55 – 11.05	Panel Discussion	
SESSION II – USING COGNITIVE BEHAVIOURAL THERAPY (CBT) IN AN IBD SETTING		
11.05 – 11.30	The what, where and how's of CBT	Dr Helen Seivewright , Clinical Research Fellow – Imperial College, London
11.30 – 11.50	Case study – Where CBT has worked	Sharon McAllister , Registered Nurse/Cognitive Behaviour Therapist and Karen Pritchard , Lower GI Nurse Specialist – King's Mill Hospital, Mansfield
11.50 – 12.00	Discussion	
12.00 – 12.20	Coffee break	
SESSION III – DEBATE		
12.20 – 13.05	Debate – This house believes Specialist Nurses serve the NHS best in their specialist role	For: Kath Phillis , Inflammatory Bowel Disease Nurse Practitioner – Chesterfield Royal Hospital NHS Foundation Trust Against: Helen Julian , Head of Nursing, Division of Medicine – United Bristol Healthcare NHS Trust
13.05 – 13.55	Lunch break	
SESSION IV – WORKSHOPS		
13.55 – 14.50	Workshop A – Transition – the Bristol approach	Aileen Fraser , IBD Clinical Nurse Specialist – Bristol Royal Infirmary Facilitator: Sarah Sandmann , GI Nurse Specialist – Bristol Royal Hospital for Children
	Workshop B – Time management – too busy to manage?	Rosie Serpis , HR Consultant, HRDirections – Tunbridge Wells Facilitator: Sheila Mair , Gastroenterology Nurse Practitioner – Hairmyres Hospital, East Kilbride
	Workshop C – Joint pain – practical assessment skills	Dr Sarah Hickey , Consultant Rheumatologist – Gloucestershire Royal Hospital, Gloucester Facilitator: Karen Holbrook , Senior Specialist Nurse, Gastroenterology – Cheltenham General Hospital
SESSION V – LOOKING BEYOND ROUTINE MANAGEMENT		
14.50 – 15.10	Unravelling the literature	Dr John Mansfield , Consultant Gastroenterologist/Senior Lecturer – Royal Victoria Infirmary, Newcastle-upon-Tyne
15.10 – 15.20	Discussion	
15.20 – 15.40	IBS or IBD – sniffing out the difference	Professor Chris Probert , Professor of Gastroenterology – Bristol Royal Infirmary
15.40 – 15.50	Discussion	
15.50 – 16.00	Meeting summary, certificates of attendance and close	Aileen Fraser , Symposium Chair IBD Clinical Nurse Specialist, Bristol Royal Infirmary

Workshops

The afternoon workshops will give you the opportunity to work in much smaller groups with a highly interactive and hands-on approach. Delegates will be able to attend one out of the three available workshops listed below:

Workshop A – Transition – the Bristol approach	Facilitator: Aileen Fraser , IBD Clinical Nurse Specialist – Bristol Royal Infirmary Sarah Sandmann , GI Nurse Specialist – Bristol Royal Hospital for Children
Workshop B – Time management – too busy to manage?	Facilitator: Rosie Serpis , HR Consultant, HRDirections – Tunbridge Wells Sheila Mair , Gastroenterology Nurse Practitioner – Hairmyres Hospital, East Kilbride
Workshop C – Joint pain – practical assessment skills	Facilitator: Dr Sarah Hickey , Consultant Rheumatologist – Gloucestershire Royal Hospital, Gloucester Karen Holbrook , Senior Specialist Nurse, Gastroenterology – Cheltenham General Hospital